LIVE WEBINAR

Tips for Overcoming Exam Anxiety: Help Your Students Show What They Know
4 Tips for Overcoming Exam Anxiety: Help Your Students Show What They Know

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As faculty, instructional designers and proctors, it is our duty to ensure an equal and fair testing environment for the students we serve. Most students feel that proctors exist to catch them in the act of cheating which can create a sense of distrust and high anxiety.

How do we, as educators and professionals, change the way in which our testers view proctors and the platforms we use to facilitate exams? How do we educate faculty in preparing students for a virtual test environment in this age of cyber “insecurity” and distrust. For proctors and faculty the results should be the same – equal and fair test environment and sense of security of exam content.
Learning Outcomes

• Understand the role of a Proctor

• Identify ways to educate students about online proctoring and alleviate misconceptions about privacy invasion

• Educate faculty and instructional designers on how to create a positive online exam experience for students as well as the instructor

• Use online exams appropriately – low stakes vs. high stakes – what is at stake for student and faculty
Proctor Defined

A person who monitors students during an examination

How is this different for online students vs. in-person students?

• Both use Active Proctoring
  • Verifying tester identity
  • “Walking” around frequently
  • Checking computers for open tabs in browser
  • Checking testers for unauthorized materials
  • Observing test-taker behavior
  • Providing an equal testing environment for all testers
  • Not causing undue stress to testers by your actions – maintaining a distraction-reduced environment
Why is Proctoring Necessary?

Whether using an online platform or in person:

- Helps protect integrity of exam material
- Raises the bar for student performance
- Creates a safe environment to administer exams
- Protects student testers from false allegations
How do I educate my students about proctoring and privacy?

Are there resources available?
Know Your “Proctor”

• What proctor is my course using?

• Put resources in syllabus.

• Have a discussion with your students prior to examination

• Honorlock Privacy FAQs

• Honorlock Student Privacy Statement
How to “know” what you don’t know!

I’ve never used an online platform before, what do I do?
Set students and faculty up for success!

What’s an appropriate assessment for my proctored environment?
In-person or online proctor?

Low-stakes vs. High-stakes exams:

- **What is the best option for students and faculty?**
  - Help faculty design an assessment that is appropriate.
  - Is exam content secure?
  - Will proctoring environment impact student outcomes?
  - Identify potential obstacles.
Thank you for joining us today!

Questions?